

Bonjour
Hello
Boozhoo
Taanishi



The Crow Wing Trail Association
Chemin Saint-Paul
acknowledges that
the Trail is situated on
Treaty 1 of the
traditional territory of
Indigenous peoples.

The News Cart - Summer 2023 - La charrette de nouvelles

Celebrating Mother Earth and Nurturing Reconciliation



Volunteers from the Crow Wing Trail Association and members of the Roseau River Anishinabe First Nation, were inspired by the spring season to organize a Mother Earth Care Gathering. We created an amphitheater-like trail setting near the banks of the Roseau River, on the South Rapids Reserve. A place where we could gather to help nurture reconciliation with each other and with

nature. We invited youth and families from the Four Directions of the medicine wheel – Yellow, Red, Black and White – to come together on June 3rd.

Approximately 30 people attended the event.

This gathering was an opportunity to listen to an Indigenous elder share truth-telling about Roseau Rapids that was filled with pain, strength and hope. A botanist helped us learn from flora and fauna with a lesson on plant identification, and participants made mats out of cattails. A Wolf Clan member shared her insights and commitments as a protector of Mother Earth and Indigenous peoples. Participants also enjoyed live music that was inspired by the birds and sounds of the river flowing over the rapids. The seeds of friendship were also nurtured through the sharing of stories and delicious local food!

Our heartfelt thanks to the residents of Roseau South Rapids who welcomed us to share time with them on this sacred land. May the stories and the heartbeat of the drum and the spirit of the flute and birds, that were gifted to us on the day, continue to echo through us as we journey through this season of care. May these new friendships nurture more opportunities for fruitful growth. Miigwech.

This free event was possible thanks to: Roseau River Anishinabe First Nation members, Dakota Ojibway Child & Family Services, Ginev Wellness Mental Health, Trans Canada Trail along with Columbia Sportswear Company, Athletic Brewing Co, Hydro One & CLIF Bar, and the Crow Wing Trail Association.

Thank you Burnbrae Farms/Prairie Egg !



On July 11th, Burnbrae Farms sent over a crew of twelve workers to help us do some maintenance along the trail just south of St-Pierre-Jolys. We split them up into two groups of six to tackle different tasks. One group was able to create some nice seating areas by clearing the underbrush around some big boulders for those who may need a rest along the trail. It's a great place to admire the sounds of nature while cooling off in the shade. If you're there at the right time, you may be lucky enough to snack on the various fruits in the area. The other group helped clean up the area around the Camino shelter and by the bridge over the Coulée des Naults. Thank you to the RM of De Salaberry for providing gravel to fill some holes along the trail!

Burnbrae Farms/Prairie Egg is located north of Dufrost, west of St-Pierre-Jolys. Every year they try to plan some time to help out in the community. As they were undergoing a building expansion this year, and they had some slower days in July, their Project Manager did some searching and came across our trail. This was a great opportunity for us and we invite others to reach out to us to help out with the trail.

Trail Stewardship Update



Thanks to the Green Team grant, we were able to hire another student this summer to work as our Crow Wing Trail Ambassador. She's able to help maintain the trail, make frequent Facebook posts and help us out with some administration tasks! Together, we're able to keep track of the signs along the trail and get a feel for the true trail-walking and biking experience. Tara recommends going to the Senkiw Swinging Bridge as a must-see!



[Trail Maintenance Article on Steinbachonline](#)

[Trail Maintenance Interview on CBC Radio](#)

We also wish to thank Trails Manitoba for their annual maintenance grant and Trans Canada Trail for support in continuing to help us update

all our signs with the new Trans Canada Trail logo.



Community Connections



The St. Malo Grotto held their Annual Diocesan Pilgrimage this August 13th. They had various activities and food available. This event was the perfect opportunity for trail users to tackle the 25 km long Camino trail from St-Pierre-Jolys to St. Malo.

From now on, the pilgrimage will always be the second Sunday of August.

BUY/DONATE

Passport: \$10 by mail ([available online](#))

Heritage Map: \$20; bilingual

T-Shirt: \$20 (limited adult sizes with logo)

Membership: \$20 individual/family; \$30 small

organization; \$100 large organization; [click here for the membership form](#)



If you want to support the Crow Wing Trail without membership benefits, there is an opportunity for one-time or regular contributions. The Association has [Charitable Status](#) and will provide you with a tax receipt. [Click here for the Donation Form in pdf.](#)

E-Transfer now available:

[PayPal](#)

Photo Contest

Enter the *Crow Wing Trail Le Chemin Saint-Paul Historic Map* contest and you could be featured in a Facebook post or in our upcoming newsletter.

[Visit our Facebook page](#) or email us a short description of the highlights of your time on the trail, a picture of the location, the date and your contact information.

Happy trails!

DID YOU KNOW?

At 200 km, the Crow Wing Trail is the longest section of the Trans Canada Trail in Manitoba stretching from Winnipeg to Emerson at the Canada-U.S. Border. It closely follows the route of a Red River Ox-Cart Trail used in the mid-1800's by Métis freighters.

VOLUNTEER OPPORTUNITIES

Projects: Would you like to be involved in a project that would help people learn about the Crow Wing Trail? In the school, on the trail, etc.

Administration: Do you enjoy Board duties/follow-up after meetings?

Trail Stewardship: Do you live on or near the Trail and would like to help keep it clean and safe?

Contact us at cwta@crowwingtrail.ca



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