Soothing Senkiw

This three-hour excursion is a rustic and natural experience that lets you explore the south banks of the Roseau River with some scenic views. It is tranquil trail and will let you decompress from the busyness of everyday life. You will need to bring water, snacks, bear bells/spray and appropriate footwear. After approximately 2.5 KM on the trail you will arrive at Roseau Rapids First Nation Park – a spiritual grounds - where you can have a rest at the picnic tables. Please pack out all garbage. Return to Senkiw Bridge following the same route. The scenic view is worth experiencing from both directions. For a secluded and natural place to stay in the close vicinity – contact O 'Roseau Park – Georges and Florence Beaudry. They are also available for interpretive tours and white-water raft tours.

Trail Section: Senkiw Bridge to Roseau River Rapids First Nations – otherwise known as South Roseau Banks Trails.

Access Point: Park at Senkiw Swinging Bridge South Access and head west along the trail

Distance: 5 Kms

Mode: Walk

Rating: Back Country

Topography: Grass and bush trail, short gravel road

Amenities/Points of Interest:

- Senkiw Swinging Bridge (1946)
- Picnic Shelter with Historic Logging Interpretive Plaque. Look for the two logs that pre-date 1906 up in the rafters of the picnic shelter.
- Fishing at Senkiw Bridge or on the banks.
- Roseau River Park https://www.facebook.com/outdoor.funtimes/
- Emerson Taxi https://www.facebook.com/EmersonTaxiService/
- Country Relax'N B and B <u>http://bedandbreakfast.mb.ca/area/roseau-river/</u>
- O'Roseau Rapids Park <u>http://www.oroseau.ca/index.html</u>