

## Seasons of St. Malo

Visiting the Crow Wing Trail in the St. Malo area is encouraged in all seasons – for those who want less crowds visit May and June and September and October. The reasons for the seasons is the gem of the region – St. Malo Provincial Park. Start by parking on East Lakeshore Drive, and accessing the Crow Wing Trail at the East End of the Park – opposite to the Main Beach and Main gated area. Follow the Crow Wing Trail through the Provincial Park. Allow time to experience the lake. Bring your swim suit and take a dip if the sun is hot or rent a kayak or paddleboard at Waterfun Rentals.

Once refreshed, before exiting the park, take time to grab a coffee at the Barefoot Café and explore the bottom of the Dam. Check for crayfish and if you are lucky enough, you may see a snapping turtle. Continue along the Trail west of the Park and cross the pedestrian bridge over the Rat River. Before heading into town – stop and visit the St. Malo Grotto. Walk through the wooden archway down the gravel road; situated beside the Rat River, this is a reproduction of the Grotto in Lourdes, France. There are many pews dedicated to people in the local area where one can sit and take in the tranquillity and peacefulness of the spot. Go inside the Grotto chapel and read the story of the stone slab and how it got in its place.

Once in town, stop in at the St. Malo Catholic Church to see the beautiful wooden, historic structure. Inside are 13 large oil paintings all paid for by donated funds of local families in the 1940's when disposable income was not common. Grab lunch at Triple B's, or a bevie at the St. Malo Hotel. For all your amenity needs, visit the St Malo Coop and the St. Malo Pharmacy. If time still allows, pre arrange a tour of DanDi Alpaca Farm with Diane Girouard. It is an absolute gem. Should you time it right, visit the St. Malo Farmer's Market every Saturday Morning from 10:30 am to 1:30 pm. Finish the trail loop by grabbing your supper steaks at St. Malo Meat and Deli and heading back to the St Malo Provincial Park to cook them on the outdoor grills. Walk back to your car on East Lakeshore Drive or if you parked in the beach parking lot for your relaxing drive home!

The St. Malo Provincial Park and Crow Wing Trail is also a wonderful place to visit in the fall and winter. Local volunteers groom cross country ski trails and the St. Malo Cross Country Ski Club rents out skis for extremely reasonable rates.

**Trail Section:** St. Malo

**Access Point:** East Lake Shore Road or Main Beach Parking Lot

**Distance:** 8 kms

**Mode:** Walk or Bike

**Rating:** Front Country

**Terrain:** Gravel, paved sidewalk, roadway.

**Amenities/Points of Interest:**

- St. Malo Beach  
[https://www.gov.mb.ca/sd/parks/pdf/maps/2017\\_campground\\_maps/st\\_malo\\_prov\\_park\\_eng.pdf](https://www.gov.mb.ca/sd/parks/pdf/maps/2017_campground_maps/st_malo_prov_park_eng.pdf)

- St. Malo Chamber of Commerce Website – [www.jadorestmalo.ca](http://www.jadorestmalo.ca)
- Barefoot Café- <https://www.facebook.com/pages/category/Restaurant/The-Barefoot-Cafe-2001558720072889/>
- Waterfun Rentals- <https://www.facebook.com/pages/category/Local-Business/Water-Fun-Rentals-476083519480909/>
- St. Malo Grotto - <http://www.mhs.mb.ca/docs/sites/stmalogrotto.shtml>
- St Malo Coop -
- St. Malo Pharmacy- <https://www.stmalopharmacy.com/>
- Triple J's BBQ- <https://www.facebook.com/MBBESTBBQ/>
- DanDi Alpacas – Diane Girouard - (204) 347-5976
- St. Malo Farmer's Market – end of June to end of August every Saturday 10:30 am to 1:30 pm at the St. Malo Hotel Parking Lot
- Nestin' on Lakeview Bed and Breakfast - <https://www.bbcanada.com/12183.html>
- Log Haven Lodge - <http://www.loghavenlodge.net/>
- St. Malo Meat and Deli – 110 PR 218, St. Malo, (204) 347-5786