

ST. ADOLPHE



SOLID LINE: TRANS CANADA TRAIL/CROW WING TRAIL IDENTIFIED BY BLUE SIGNS WITH WHITE ARROWS

DASHED LINE: LOOP TRAIL – NOT SIGNED

Note: Take PTH 75 or PR 200 to St. Adolphe. Access Points are accessed from Main St.

Access Point A: St. Adolphe Park Directions: Follow Main St, turn west (right) on Taché Ave.

Access Point B: St. Adolphe Arena/Curling Club Parking Lot Directions: Take PR 210 East, turn south (right) on St. Adolphe Rd. and follow to end.

Description of Full Loop: If at Access Point B, head south (right) following gravel top of ring dike. Cross PR 200, continue to follow dike (west, and then north). Pass interpretive plaques, and head west (left) diagonally down the dike embankment into St. Adolphe Park. The trail will connect to the Old Park Road. Follow this road north (right), as it curves and brings you to Taché Ave. Turn east (right) on Taché Ave., then north (left) onto Main St. Follow Main St., turn west (left) onto St. Paul St. Follow St. Paul St. west, over the dike, and continue west on trail to end. Turn north (right), head north under bridge, turn east (right) and follow trail on embankment of PR 210. * At top of ring dike, ease north (left) and follow dike until it comes to an end. Cross PR 200, continue following dike north on gravel path. After 200 metres, turn east (right), and follow top of dike (mud path), turning south (right) to reconnect to St. Adolphe Rd. Continue south to Access Point B. Same loop can be done by starting at Access Point A. **Length: 4 miles or 6.38 kms**

***Description of Shorter Loop:** Instead of easing north (left), cross PR 210 and continue east for 1km. Turn south (right) to Access Point B. **Length: 3 miles or 4.86 kms**

To See: Highest known concentration of Chimney Swifts in province; designated "Chimney Swift Nesting Capital of Manitoba." Home to last operating Ferry in Red River Valley. Host to special events i.e. MudFest, Winter Carnival and Actif Epica (www.actifepi.ca). For more community info visit www.ritchot.com and www.ritchotrecreation.com

History: Originally known as a Métis settlement called Pointe Coupée, St. Adolphe was established as a St. Norbert Mission in 1857. Despite floods in 1826 and 1852, Red River settlers relocated to this area in the latter part of the 19th Century. Despite continued flooding trends (1950, 1979, 1997), this resilient and strong community continues to maintain an active and engaging energy throughout the seasons.



For more information on the Crow Wing Trail:
www.crowwingtrail.ca

